



Jo Ellen Caldwell, MS, PT, ATC
Sheila A Northcutt, MS, PT, ATC, CLT

Welcome to Northcutt Physical Therapy and Wellness!

We are excited that you have chosen Northcutt Physical Therapy and Wellness for your rehabilitation. Please read the following points, they will help you to prepare for your visit:

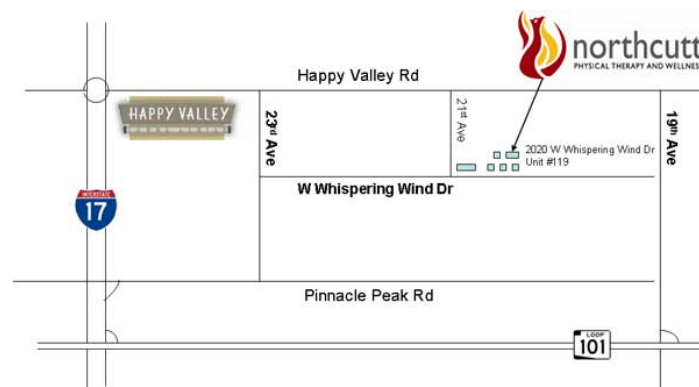
- 👉 For your first visit with us, please come 15 minutes prior to your appointment time. You will need to fill out paperwork required by our business office and insurance carriers OR complete the attached paperwork to bring with you. We have printed out forms based on the information provided. Please verify that the information is correct.
- 👉 Plan to spend at least 1 hour with us. Your Physical Therapist will spend approximately 30 minutes with you then you will be in the gym with a trainer learning exercises and more effective ways to move and function.
- 👉 Wear loose comfortable, workout-type clothing. Be sure to wear sneakers or other athletic/supportive footwear (for your convenience we have men's and women's changing areas with lockers and a shower).
- 👉 Bring a current, valid doctor's prescription stating the frequency and duration of your therapy as well as your diagnosis.
- 👉 Be sure to bring your insurance card along with any other documentation relative to the financial aspect of treating your condition (referrals, authorizations, case number, etc.). Your insurance benefits may require that you pay a portion of the cost of your therapy. Please be prepared to take care of these charges at the time of treatment.

We are looking forward to working on your recovery with you!

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Physical Therapy Services

Jo Ellen Caldwell MS PT ATC
Fitness and Conditioning

Pam Vitale
Business Operations



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